

# THE MAY 50K

*#KissGoodbyeToMS*



**TOGETHER WE'RE LEAVING OUR LIMITS BEHIND.**

This May a team of us from \_\_\_\_\_ are challenging ourselves to run or walk 50km throughout the month to raise funds for life-changing multiple sclerosis research.

**DONATE TO OUR FUNDRAISING PAGE BELOW  
AND HELP US KISS GOODBYE TO MS.**



Find out more at [themay50k.com](http://themay50k.com)